

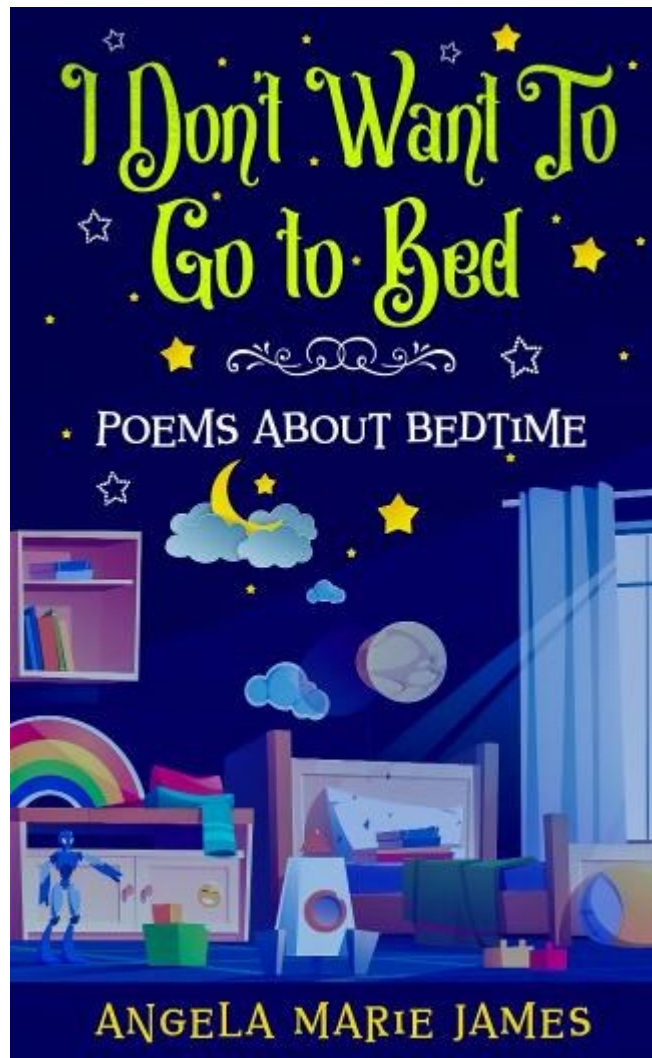
ANGELA MARIE JAMES

Author

of Books for both Children & Adults
Performance Poet & Storyteller



A C T I V I T Y P A C K



Including art activities, creative writing activities, quizzes and word searches.



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ABOUT THIS ACTIVITY PACK

Welcome to the free activity pack to accompany the book 'I Don't Want To Go to Bed'.

It includes art activities, creative writing activities, quizzes and word searches. So I hope will include something for everyone.

The activity pack can be downloaded and used by children, parents, teachers, librarians, etc.

Please feel free to print off all of the pack or certain pages as many times as you want. You can also share it with your family, friends, class or group.

There will be similar activity packs for the other books in this series as well.

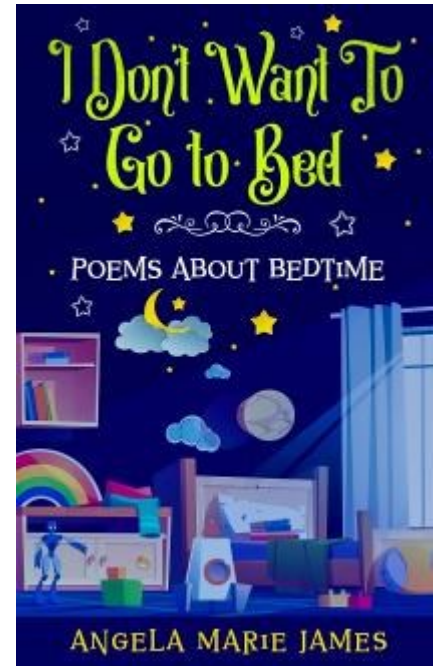
Enjoy!

ABOUT THE BOOK

I don't want to go to bed. I'm not tired, I'm still hungry, I need another drink. I'm scared, I feel really sick, I've missed you, I need to tell you something. Do I have to go to bed?

A fun collection of poems about bedtime. The first in the 'I Don't Want To' children's poetry book series. Avoiding going to bed, story time, teddies, sleepovers, not wanting to get up and lots more. For anyone who dislikes bedtime (both children and parents alike).

These poems are a hit with children of all ages, as they are about something they can really relate to – bedtime and how to avoid it! They inspire children's imagination and creativity, allowing them to feel free to explore and write their own poetry. They are also popular with adults and teachers alike.



ABOUT THE AUTHOR

I have always loved to read and could always be found with my head in a book as a child. Back then, I longed to become an author myself.

So, as an adult, to be writing books for both children and adults is a dream come true.

I love performing my work and delivering workshops in schools (primary and secondary), nurseries, colleges, libraries, museums, care homes, clubs (e.g. brownies, scouts, holiday/after-school clubs, etc.) and at community events. As well as delivering talks about my work and career.

I also enjoy performing and delivering virtual/online workshops all around the world.

I live in Newcastle-under-Lyme, Staffordshire with my husband and fellow author and illustrator, Glenn Martin James, our two daughters and our two cats.



DESIGN A NEW BOOK COVER

Why don't you design a new book cover for 'I Don't Want To Go to Bed'.

1. Read the blurb (description) to give you ideas.
2. Decide on the text, fonts, style, colours, images, etc.
3. Look at my book cover to see how they are laid out (there is a a full length copy of my book cover on the next page so that you can see how it looks).
4. Draw a rough design.
5. Use the template on page 6 to design your cover.

The front tends to include:

- The title on the book
- The author's name
- Sometimes a subtitle
- Images

The back tends to include:

- The blurb (the book's description)
- A barcode with an ISBN number above it (this is a 13 digit number allocated to all published books - you can just make one up here)
- Something about the author
- Sometimes they include a brief review

Don't forget:

- That the right box on the template will be the front of the book and the left box will be the back of the book (they end up the right way when it is folded into a book)
- To put the title and the author's name on the spine

I Don't Want To Go to Bed

I DON'T WANT TO GO TO BED

I DON'T WANT TO GO TO BED
I'M NOT TIRED
I'M STILL HUNGRY
I NEED ANOTHER DRINK

I'M SCARED
I FEEL REALLY SICK
I'VE MISSED YOU

I NEED TO TELL YOU SOMETHING

DO I HAVE TO GO TO BED?

A fun collection of poems about bedtime. Avoiding going to bed, story time, teddies, sleepovers, not wanting to get up and lots more. For anyone who dislikes bedtime (both children and parents alike).

These poems are a hit with children of all ages, as they are about something they can really relate to – bedtime and how to avoid it! They inspire children's imagination and creativity, allowing them to feel free to explore and write their own poetry. They are also popular with adults and teachers alike.

Angela Marie James writes books for both children and adults. She is also a performance poet and storyteller, and has performed her work in schools, nurseries, colleges, libraries, museums, clubs and at community events.

POEMS ABOUT BEDTIME



ANGELA MARIE JAMES

ANGELA MARIE JAMES

SPOT THE POEM

When I wrote the poems in this book, I wanted to include lots of different types of poems.

Can you spot the following types in the book? Write underneath which poem you think it is.

Tip: If you need help, look at page 9 for information on the different types of poems.

1. **A Kenning**

2. **A Haiku**

3. **A Tongue Twister**

4. **An Acrostic Poem**

5. **A Simile Poem**

6. **A Cinquain**

7. A Side Triangle Poem

8. A List Poem

9. A Counting Poem (there are two of them)

10. A Limerick

11. A Diamante Poem

12. An ABC/Alphabet Poem

Answers

You can find the answers at the back of the activity pack.

DIFFERENT TYPES OF POEMS

Below are descriptions of the different types of poems listed in Spot the Poem.

1. **A Kenning**

Is a type of poem where there are two words (usually a noun and a verb) per line, connected by a hyphen. The words describe characteristics, typically of a person, creature or thing.

2. **A Haiku**

Is a short poem that follows a strict structure. It must consist of only three lines. The first and last lines must have five syllables, and the middle one must have seven syllables.

3. **A Tongue Twister**

Is a short poem made up of lines/verses that are hard to say when read aloud by using similar consonant sounds in succession (use of alliteration).

4. **An Acrostic Poem**

Is a poem that spells a word, often with the first letter of each line. The word usually relates to the topic or message of the poem.

5. **A Simile Poem**

Is a poem that includes one or more similes (when one thing is described as being like something else). They often use the word "as" or "like" to compare one thing to another.

6. **A Cinquain**

Is a poem consisting of five lines. It has two syllables in the first line, four in the second, six in the third, eight in the fourth line, and just two in the last line.

7. **A Side Triangle Poem**

Is a poem that is structured to look like a triangle. A side triangle poem is structured to look like a triangle when you turn it on its side.

8. **A List Poem**

Is a poem that has a list in the middle, and a line or two at the beginning and at the end.

9. **A Counting Poem**

Is a poem that contains some form of counting.

10. A Limerick

Is a poem that is often humorous and follows a strict rhyme scheme of AABBA. Where the first, second and fifth lines rhyme and the third and fourth lines rhyme (and are shorter).

11. A Diamante Poem

Is a poem that is seven lines long and takes the shape of a diamond when centred on the page. The first and last lines have one word (a noun), the second and sixth lines have two words (adjectives). The third and fifth lines have three words (verbs) and the fourth line has four words (nouns).

12. An ABC/Alphabet Poem

Is a poem where the first letter of each line spells out all or part of the alphabet in order.

Why don't you have a go at writing your own poems in these styles!

WORD SEARCH

I DON'T WANT TO GO TO BED

E Y S X T E J D S L K D H B G S C U C S
W Z Z G Y P Y S Z U Z I K J L D D J K L
B L G T E Y E Q D K F X S M I C U S S M
D C H K U J U I Y D J O T A I B T Q G G
D F V G X A A K R J Z W A T Z M I S H X
X G J Y G M I T W R K K R T W X I Z U V
N Y K X N A J L B J A A S R I T K N A N
D N R H X S T S T E U R W E N X D X J O
C L M D Z J G H Z T D P H S D X Q R L O
O Y T Z S L E E P Y Q T W S O F Q M R M
E Z X L C U P Y X M T N I V W V Q G O Y
I H A M I Z S X F G E T X M V Z T K U C
M O N Y M Q T R I Z K P M A E A B N Z V
B T N D R E A M N E N X P U V T E D D Y
H D Z C F N B G R E A J O G O J N O I X
Q H W S D I W R K R L W N X L P T S I V
K K B R E K E N V N B X A E X S A J L X
F Y X X B B H B K Q Q C I Q U C Z N H U
V D D L X O Q M J Y V T F D P I L L O W
Y T M M I Y Q V Z K N I V L U L A A I A

1. BED 2. PILLOW 3. MATTRESS 4. BLANKET 5. PYJAMAS 6. TEDDY 7. SLEEPY 8. BEDTIME
9. WINDOW 10. STARS 11. MOON 12. DREAM

PERFORM THE 'WHY ARE YOU?' POEM

The 'Why Are You?' poem was written from two points of view - a parent and a child. As such, it is a great poem to perform with someone else.

You can perform it with a parent, a family member, a teacher, a friend or anyone else you'd like to perform it with.

It can be performed at home, at school, a club or somewhere else.

You can either read it straight from the book or print out the poem. You will find a printable version on the next few pages.

Tips

Performing can be quite scary. I remember the first few times I performed my poems, I was really nervous and I was so worried that I would mess up. These feelings are perfectly natural.

I find it helps to read the poem through a few times, so that I am familiar with it. You can also practice reading it out loud.

If when performing it, you end up forgetting where you are, or say some words wrong, or giggle nervously. It is okay! We've all done it. You should see some of the mistakes I made.

Just take a deep breath and continue or go back and repeat a line, if that helps.

The most important thing is to have a go and have fun doing it!

Why Are You?

Parent:

Why are you still awake?
You know you should be asleep
Is there something wrong?
You know you can tell me

Child:

Err, no, not really
There is nothing wrong
I'll try to go to sleep
From now on

Parent:

Why are you jumping?
Making all this noise
You've woken up your sister
She can't get back to sleep

Child:

Err, I'm just so excited
To go to my friend's tomorrow
I'll stop jumping
From now on

Parent:

Why are you playing?
It's bedtime, not playtime
You're making a right mess
On your bedroom floor

Child:

Err, I'm just so bored
I couldn't get to sleep
I'll put it away and play
In the morning

Parent:

Why are you talking?
You know you should be quiet
Is it something you'd like
To share with me?

Child:

Err, no, not really
I'd really rather not
I'll try to be quiet
From now on

Parent:

Why are you crying?
Are you hurt?
Or are you thinking of
Those bad dreams again?

Child:

Err, no I'm not hurt
I'm just scared to go to sleep
In case the dreams come back
Please stay with me?

Poetry Writing

Why don't you have a go at writing your own poems about bedtime.

1. You could write your own riddle

- Choose someone or something that either doesn't want to go to bed or doesn't want to be in bed
- Think of ways to describe them/it and write it down as a riddle
- Then ask someone else if they can guess who or what you are!

2. You could write a silly poem

- Either choose something silly about bedtime to write about
- Or write about something in a silly way

3. You could write your own version of some of my poems

a. My Bedroom (page 6)

- Think of other things that your bedroom could be
- Write your poem in the same style as mine

b. I Wish My Bed Was (page 24)

- Have a think of what else your bed could be
- Write your poem in the same style as mine

c. I'm Sorry (page 46)

- Think of what else could be stopping you from getting to sleep
- Write your poem in the same style as mine

d. The Attic (page 62)

- Have a think about what else could be in an attic
- Write your poem in the same style as mine

e. See if there is any other poem in the book that you would like to write your own version of

4. You can write poems in the styles you spotted in the 'Spot the Poem' quiz:

- a. A Kenning
- b. A Haiku
- c. A Tongue Twister
- d. An Acrostic Poem
- e. A Simile Poem
- f. A Cinquain
- g. A Side Triangle Poem
- h. A List Poem
- i. A Counting Poem
- j. A Limerick
- k. A Diamante Poem
- l. An ABC/Alphabet Poem

Look at page 9 for information on how to write these types of poems

Other Ideas

You could:

- 1. Write a review about the book
- 2. Write a letter to the author
- 3. Write a diary entry about bedtime
- 4. Write a story about bedtime

ART ACTIVITIES

Drawing

Why don't you have a go at drawing some items from the book. For example:

1. A bed
2. Some fun things you wish your bed was
3. A pillow
4. A teddy
5. Pyjamas/nightie
6. A book
7. A bedroom
8. Some fun things your bedroom could be
9. The moon
10. Stars
11. Or anything else you'd like to draw related to bedtime

You could do line drawings and colour them in/paint them/decorate them. Or you could make detailed drawings, or both. The choice is yours!

Other Ideas

You could:

1. Create a poster about the book
2. Design a layout of a bedroom
3. Make an item that was in the book out of paper/card/cardboard, etc (on a small scale)

ANSWERS: SPOT THE POEM

Below are the answers to Spot the Poem.

Note: The page numbers listed are for the paperback, they may be different in the e-book (please check the contents page).

1. **A Kenning:** My Blanket (page 9)
2. **A Haiku :** Time to Go to Bed (page 18)
3. **A Tongue Twister:** Nightwear (page 23)
4. **An Acrostic Poem:** Sleep (page 27)
5. **A Simile Poem:** The Illness (page 32)
6. **A Cinquain:** Bedtime (page 37)
7. **A Side Triangle Poem:** Sleepovers (page 41)
8. **A List Poem:** Under the Bed (page 44)
9. **A Counting Poem:** Ten Sleepy Children (page 51)
AND
Under the Bed (page 44)
(this poem is both a list poem & a counting poem)
10. **A Limerick:** A Boy Called Ted (page 58)
11. **A Diamante Poem:** Night (page 64)
12. **An ABC/Alphabet Poem:** Another Night in Bed (page 66)

ANSWERS: WORD SEARCH

I DON'T WANT TO GO TO BED

E Y S X T E J D S L K D H B G S C U C S
W Z Z G Y P Y S Z U Z I K J L D D J K L
B L G T E Y E Q D K F X S M I C U S S M
D C H K U J U I Y D J O T A I B T Q G G
D F V G X A A K R J Z W A T Z M I S H X
X G J Y G M I T W R K K R T W X I Z U V
N Y K X N A J L B J A A S R I T K N A N
D N R H X S T S T E U R W E N X D X J O
C L M D Z J G H Z T D P H S D X Q R L O
O Y T Z S L E E P Y Q T W S O F Q M R M
E Z X L C U P Y X M T N I V W V Q G O Y
I H A M I Z S X F G E T X M V Z T K U C
M O N Y M Q T R I Z K P M A E A B N Z V
B T N D R E A M N E N X P U V T E D D Y
H D Z C F N B G R E A J O G O J N O I X
Q H W S D I W R K R L W N X L P T S I V
K K B R E K E N V N B X A E X S A J L X
F Y X X B B H B K Q Q C I Q U C Z N H U
V D D L X O Q M J Y V T F D P I L L O W
Y T M M I Y Q V Z K N I V L U L A A I A

1. BED 2. PILLOW 3. MATTRESS 4. BLANKET 5. PYJAMAS 6. TEDDY 7. SLEEPY 8. BEDTIME
9. WINDOW 10. STARS 11. MOON 12. DREAM